# **Body Treatments**

#### Perfector Cellulite Treatment 30 mins

Perfector is used to visibly reduce cellulite, fatty deposits, smooth dimpled areas and refine the skin using combined micro and galvanic electrical currents. Course 10 £200.00

Course 18 £300.00

# Full Body Massage 60 mins

A relaxing full body Swedish Massage to soothe and invigorate the senses. £35.00

#### **Extended Full Body Massage 75 mins**

As above with the added comfort of extra attention to the back muscles to soothe further. £43.00

#### **Full Body Aromatherapy Massage 60 mins**

A relaxing Swedish Massage using pre-blended oils to either re-vitalise, de-stress or relax. £40.00

## **Extended Full Body Aromatherapy Massage** 75mins

As above with the added comfort of attention to the back muscles to soothe further. £48.00

## **Back Massage 30 mins**

Relaxing back, leck, shoulder massage. £24.00

Relaxing back, neck and shoulder massage using pre-blended aromatherapy oils £29.00

# **Back Massage 40 mins**

As above but with a little extra time for problematic £28.00 areas

Relaxing back, neck and shoulder massage using pre-blended aromatherapy oils £33.00

#### **Back Facial 60 mins**

An invigorating body scrub is applied to the back to improve the skin's condition. Followed by a back massage to soothe, finishing with a deep cleansing £40.00 mask.

## **Hopi Ear Candling 45 mins**

Thermo-auricular therapy is an ancient form of energy healing, using organic cotton tubes impregnated with herbs and essential oils. The lit candle creates a gentle vacuum in the inner ear to relieve the pressure of compacted wax thus helping with headaches, migraines, sinusitis, tinnitus and many more conditions.

Treatment includes a relaxing pressure point, lymph drainage massage. £30.00

## **Ear Piercing**

Piercings are carried out in a quiet, un hurried environment. A range of 24ct Gold Plated, 9ct Solid Gold and Titanium Earrings available. Price includes Ear Car Lotion and Aftercare advice. Telephone for prices.

#### **Gift Vouchers**

Gift Vouchers are available to solve a present buying problem or just a way to say thank you. Either choose a treatment or value to suit the person.

# **Cancellations and Missed Appointments**

To avoid a cancellation fee, please allow a minimum of 24 hours should you need to re-schedule or cancel your appointment. This allows the time to be re-issued to another client. Thank you for your consideration.

# **Directions**

Address: 64 Arbor Lane, Winnersh RG41 5JD

From Hurst, drive along the B3030 towards Dinton Pastures, over the motorway bridge and take the 2nd right in Arbor Lane. 64 can be found on the RHS after 500 yards.

From Winnersh crossroads drive towards Hurst and Dinton Patures on the B3030 Robinhood Lane. Take the 2nd left after the post box into Arbor Lane, 64 can be found on the RHS after 500 yards.



www.mole-cottage.com

www.facebook.com/ BeautyMoleCottage

**Mrs Beverley Warren** B.T.E.C., C.I.B.T.A.C, B.A.B.T.A.C.

Tel. 0118 977 6679 for Appointments and Advice

A professional, friendly service within a relaxed atmosphere

Mondays: 9.00am - 3.00pm Tuesdays: 9.00am - 3.00pm Wednesdays: Closed Thursdays: 9.00am - 6.00pm Fridays: 9.00am - 3.00pm Saturdays: 8.30am - 1.00pm Sundays: Closed

> 1997 Beauty Therapy Finalist for Community Therapist of the Year

> > 21 years Experience

January 2015

64 Arbor Lane, Winnersh, RG41 5JD

#### **Facial Treatments**

The Perfector skincare system is formulated to promote fresh, young skin using a blend of fruit acids combined with plant extracts, vitamins and essential oils. Treatments involve the use of micro currents, which gently stimulate the skin speeding up the circulation of blood and lymph flow.

## Perfector Face Lifting 75 mins

A course to reduce fine lines and wrinkles, refine skin tissue, lifting jowls and cheeks.

Individual £38.00 2/3 per week Rqd Course of 8 £285.00 Course of 12 £415.00

#### Perfector Booster Facial 75 mins

A follow on treatment from the lifting course to maintain results. £38.00

#### Perfector Skin Enhancement Facial 75 mins

A combination of face lifting probes and cathiodermie rollers to smooth, tighten and refine the skin's texture resulting in a brighter complexion. £48.00

Course of 3 £130.00

#### **Perfector Mini Lift 75 mins**

Instant beauty lift that re-vitalises and lifts the skin.

Perfect for a special occasion so you can look your best.

£38.00

#### **Perfector Detox Facial 90mins**

A thorough deep cleansing facial to detox the lymphatic system and decongest the skin.

Enhances sallow skin.

£48.00

#### Non Electrical Facials:

# Indulgence Facial 60 mins

A truly relaxing facial starting with a small back massage to destress and soothe followed by cleanse, exfoliation, facial massage and mask.

£35.00

#### Indulgence Facial 80 mins

As above with a full soothing back massage. £44.00

#### Mini Facial 40 mins

A facial to incorporate, cleanse, exfoliation and mask together with a relaxing massage to the back of the neck and shoulders. £26.00

#### Cleanse with Make-up 45/60mins

Cleanse, tone and moisturise prior to either day or evening make-up with tips and advice on application. £30.00

## **Eye Treatments**

Eyelash Tint	£12.00
Eyebrow Tint	£8.50
Eyelash/brow Tint	£18.00
EyebrowTidy	£8.50
EyebrowRe-shape	£9.50

#### For the Hands and Feet

Shape, Massage and Polish - 30 mins	£13.00
Nail Art for hands/feet from	£3.00
French Polish - Additional to any	£3.00
nail treatment	

#### Basic Manicure 60 mins

Includes shape, salt scrub, cuticle care, hand and arm massage, polish. £25.00

# **Luxury Manicure 85 mins**

As above with the added benefits of heated mitts and a hand mask to soften the skin and nails. Ideal for extra nourishment and conditioning. £30.00

#### **Basic Pedicure 60 mins**

A soothing aromatherapy foot spa awaits to revive tired feet prior to an energising foot scrub, massage to help circulation, finishing with cuticle work, shape and polish.

£27.00

# **Luxury Pedicure 85 mins**

As above with the added benefits of heated booties and a foot mask to help soften cracked heels and soothe joints. £33.00

#### Callus Peel Treatment 15 mins

An additional treatment to any pedicure using natural orange fruit acid to remove very hard, built up skin.

Additional treatments may be required.

£8.00

#### **Hair Removal**

#### Electrolysis

Permanent, painless method without needles. A blend of Galvanic and Short Wave Diathermy currents to progressively diminish the hair growth.

Up to 15 minutes	£11.00
Up to 30 minutes	£19.00

#### Waxing

Half Leg	£16.00
3/4 Leg	£19.00
Full Leg	£26.00
Full Leg and Basic Bikini	£32.00
Full Leg and High Leg Bikini inc Tummy	£36.00
Full Leg and Extended Bikini inc Tummy	£38.00
Basic Bikini	£10.00
High Leg Bikini inc tummy	£16.00
Extended High Leg Bikini	£18.00
Underarm	£10.00
Upper Lip or Chin	£6.50
Upper Lip and Chin	£12.00
Forearms	£13.00
Back Wax	£17.00
Back Wax inc Top Shoulder/Top Arms	£20.00
Shoulder Wax	£10.00

#### **Hot Stone Treatments**

Hot stones are volcanic and made of basalt, allowing heat to be released slowly to relieve muscle tension and joint problems. One stroke of the stone is equal to ten by hand, a thoroughly enjoyable, relaxing set of therapeutic treatments.

Full Body	y Hot Stone M <mark>ass</mark> age 75 min	£48.00
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Back, Neck and Shoulders 35 mins	£30	0.00
Back, Hook and Chodiacio co illino	~~	9.00

Pedicure with Hot Stone Foot Massage 75 mins (Aids circulation and blood flow) £32.00

Facial with Relaxing Hot Stone Massage 60 mins to the Face, Neck and Shoulders